

School Health Services

1950 Landings Blvd.

Sarasota, FL 34231

(941) 927-9000 x 32101

Fax: (941) 927-4029

School Health Basics



Screenings
Sickness
Vaccines
Medications

School Health Staff

The Sarasota County Health Department and The School Board of Sarasota County work together to safeguard the health of your student.

Care for students on a daily basis is provided by a Health Room Aide under the supervision of a Registered Nurse who may or may not be on campus full time.

The Registered Nurse coordinates all school health services and is available for you and your child for any health concerns you may have. Your School Nurse may be contacted through the School Health Office at 941-927-9000, extension 32101.

Immunization Requirements for the 2011-2012 School Year



Pre-Kindergarten

- 4 DTP (Diphtheria, Tetanus, Pertussis)
- 3 Polio
- 4 Hib (Haemophilus Influenzae Type B)
- 1 MMR (Measles, Mumps, Rubella)
- 3 Hepatitis B
- 1 Varicella (chicken pox)



Revised for the 2011-2012 School Year

For more information about School Health Services visit:

www.sarasota.k12.fl.us/schoolhealth

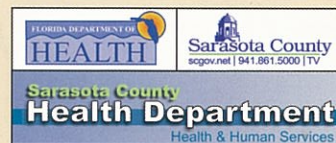
www.doh.state.fl.us/family/school

www.sarasotahealth.org



Partners in School Health

Sarasota County Health Department
and
The School Board of Sarasota County



Immunizations

State of Florida Statute 1003.22 requires all students entering and attending school to present a Florida Certification of Immunization form (DH 680) or Religious Exemption form (DH 681) to the school. You can get these forms from your health care provider or the Sarasota County Health Department Immunization Clinic. Free Immunizations are available at the Sarasota County Health Department. For locations call 941-861-2784. Bring shot records with you to the clinic.

Keep a record of all your child's immunizations. Always send an updated 680 form to school after any shots are received.

Kindergarten & Grades 1-6:

- 5 DTP
- 5 Polio (4 Polio if 4th given after 4th birthday)
- 4 Polio grades 1-6
- 2 MMR
- 3 Hepatitis B
- 1 Varicella (chicken pox) for grades 4, 5 & 6
- 2 Varicella for kindergarten & grades 1, 2 & 3

Grades 7-12:

- 5 DTP
- 4 Polio
- 2 MMR
- 3 Hepatitis B
- 1 Tdap (grade 7, 8 & 9)
- 1 TD or Tdap for grades 10-12
- 1 Varicella (chicken pox) for grades 7, 8, 9 & 10

Examinations and Screenings

How well your child sees and hears can affect his/her ability to learn!

Florida Statute 1003.22 requires any child who is entering a Florida school for the first time to present proof of a physical examination. This exam must include a review of all body systems performed by a licensed medical provider within 12 months prior to enrollment. A yearly physical exam is recommended as well as twice-a-year dentist visits for all children.

Scoliosis Screening (spine screening)

Scoliosis is a side-to-side curvature of the spine that is detectable in children of middle school age. Early treatment can prevent the condition from becoming severe. Scoliosis screening will be conducted on students in 6th grade according to state mandates.

Vision Screening

Mandated screenings are done in grades KG, 1, 3 and 6.

Hearing Screening

Mandated screenings are done in grades KG, 1 and 6.

Height and Weight Measurements

Mandated screenings are done in grades 1, 3, 6 & 9 for height, weight and Body Mass Index (BMI).

Other screening information

Parents may request in writing for any screening at any grade level. Any parent wishing to opt their child out of a screening must do so in writing.

If your child should fail vision, BMI, hearing or scoliosis screenings, you will receive a letter with information and/or follow-up instructions. The screening and follow-up results will be noted in your child's health records.

Medications In School

When possible, give medications at home!

School personnel will administer approved medications to students during the school day when it is necessary to help the child stay in school.

In order to administer medication or treatment to your child at school, the following conditions must be met:

1. A Medication/Treatment Authorization Form **signed by you and your doctor** for any medications to be administered in school (including over the counter medications) must be on file in school as required by law.
2. Medication must be in the original prescription or un-opened over-the-counter container labeled with the child's name, medication name, dosage, and times to be administered.
3. Parent/guardian must deliver the signed Medication/Treatment Authorization Form and medications **directly to the school health room or assigned school board employee** so that medications can be accepted and counted.

When Your Child is Sick

Staying home when sick will help your child get well and protect classmates.

Do not send your child to school if s/he is sick or has:

- bad cough
- eye infection
- vomiting
- severe sore throat
- diarrhea
- head lice
- **fever:** must be free of fever without medication for at least 24 hours.
- **skin rash:** your child needs a note from a healthcare provider that s/he is not contagious.

About Head Lice...

- Head lice live on the human head and lay eggs called nits which stick to the hair.
- Head lice crawl very fast, but they don't hop, skip or jump from head to head.
- Head lice infestation is not a life threatening medical condition.
- Encourage your child not to share combs, hats or other clothing with other children and check your child's head on a regular basis (for instance, every Sunday evening).



If your child is sick or injured at school, you will be called to pick him/her up. Please be sure the school has your current home and work phone number.

If You Find Head Lice...

- Use a commercial product designed to get rid of head lice, which may be obtained from your doctor or local drugstore.
- Be sure to follow the directions carefully. **Don't overuse** these products. For advice on alternative treatments consult your medical provider.
- Do find and remove all eggs (nits) from the hair. (Flea combs used for pets work very well, or remove by hand).
- Do check your child's head every day for two weeks to be sure no eggs were missed by combing hair with a nit comb.
- Do check all members of the family or household and treat only those members affected.
- Do wash linens and bedding in hot water and dry thoroughly.
- Do vacuum carpets, pillows, mattresses, upholstered furniture, and car seats.
- Do soak brushes, combs, and other hair objects in 130 degree F water for at least ten minutes.